

foodproof®

Listeria
monocytogenes
Detection LyoKit

PRODUCT INSTRUCTIONS

Documentation for the qualitative detection of
Listeria monocytogenes

Product No. KIT230092 / KIT230093 / KIT230094

foodproof®

Listeria monocytogenes
Detection LyoKit

Product No.

LP: KIT230092

RP: KIT230093

DP: KIT230094

Kit for 96 reactions (lyophilized)
for a maximum of 94 samples

Store kit at 2 to 8 °C

For testing of food
and environmental samples

Approvals:



PRODUCT INSTRUCTIONS

Revision A, September 2023

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OVERVIEW

1. OVERVIEW

1.1 General Information

Number of Reactions

The kit is designed for 96 reactions with a final reaction volume of 25 µL each. Up to 94 samples plus a positive and negative control can be analyzed per run.

Storage and Stability

Store all components at 2 to 8 °C. They are guaranteed to be stable through the expiration date printed on the label. Opening of the kit does not shorten the expiration date.

The PCR strips must be stored in the provided aluminum bag with silica gel pads. Protect from light and moisture.

LyoKit Tube Profiles

The LyoKit is available in three different tube profiles: white low profile tubes, 0.1 mL (LP), clear regular profile tubes, 0.2 mL (RP) and clear low profile tubes, 0.1 mL (DP).

The majority of real-time PCR cyclers use low profile tubes, 0.1 mL (LP). For the Dualo 32[®] R2 and a few other cyclers, please use clear low profile tubes, 0.1 mL (DP).

Refer to the cycler and tube compatibility chart for more information.

1.2 Applicability

The kit described in these Product Instructions has been developed for real-time PCR instruments with a FAM and a VIC/Yakima Yellow or HEX detection channel. The performance of the kit was tested with the following real-time PCR instruments: LightCycler[®] 480, LightCycler[®] 96 (Roche Diagnostics), Mx3005P[®] (Agilent Technologies), Applied Biosystems[™] 7500 Fast (Thermo Scientific), and CFX96[™] (Bio-Rad).

When testing the samples on a LightCycler 480 instrument, it is recommended to carry out the DNA extraction with a wash step (Using foodproof[®] StarPrep[®] Two Kit, KIT230177, Extraction Procedure A: STANDARD protocol).

The kit must not be used in diagnostic procedures.

OVERVIEW

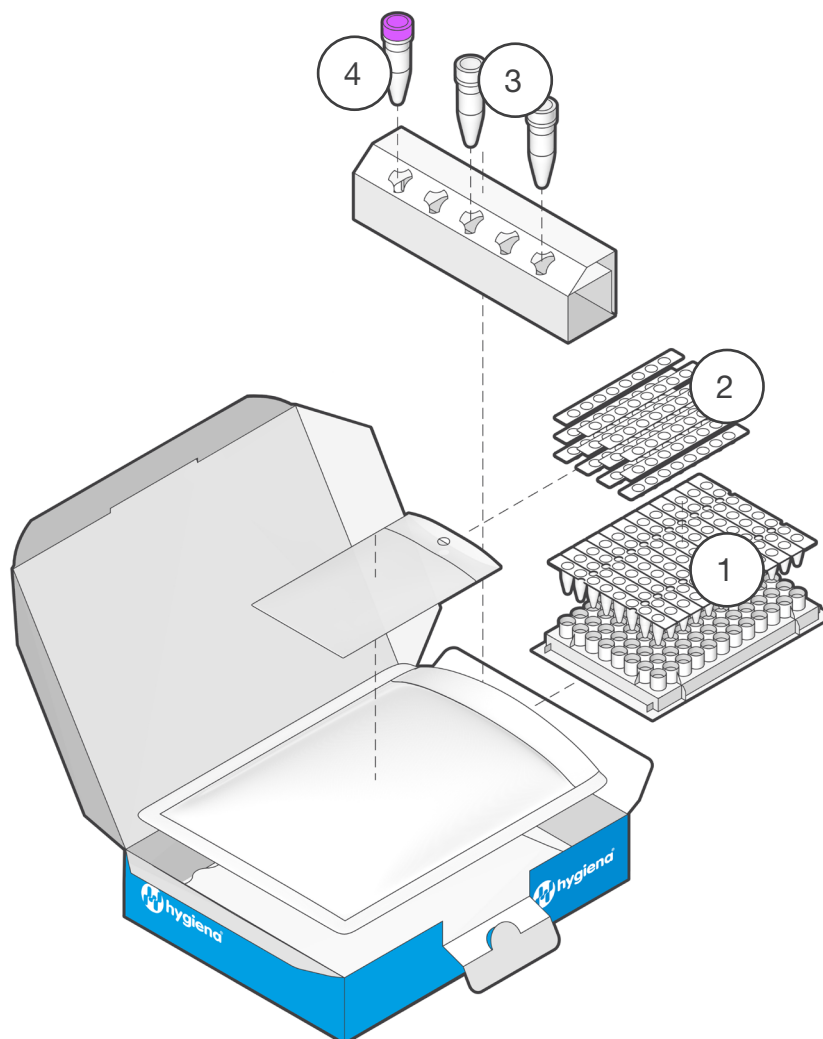
1.3 Kit Contents

A schematic representation of the foodproof *Listeria monocytogenes* Detection LyoKit with all its components.

LP: KIT230092

RP: KIT230093

DP: KIT230094



	Component	Details
1	Microplate	12 x 8-tube strips, prefilled with lyophilized ready-to-use PCR mix. Three different tube profiles are available: white low profile tubes (LP), clear regular profile tubes (RP) and clear low profile tubes (DP).*
2	12 x 8-cap strips	For use in real-time PCR after addition of samples.
3	2 x H ₂ O PCR-grade (colorless cap)	1 mL nuclease-free, for use as a PCR run negative control.
4	Control Template (purple cap)	250 µL, contains a stabilized solution of DNA for use as a PCR run positive control.

* Tube profile and instrument compatibility chart is available online

INSTRUCTIONS

2. INSTRUCTIONS

2.1 Required Material

Most of the required equipment and reagents are available through Hygiena®. Please contact us for further information.



Use a real-time PCR cycler suitable for detection of respective probes as well as for using low or regular profile strip tubes.

In case the strip tubes don't fit in the instrument, the samples should be transferred to appropriate PCR vessels after resuspension of the lyophilized PCR mix.

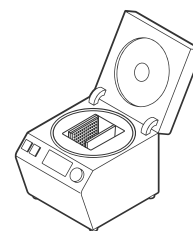
Material

- Nuclease-free, aerosol-resistant pipette **filter tips**.



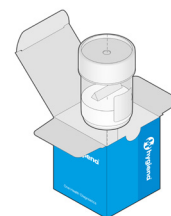
- PCR strip or plate centrifuges**

- *Without vortex: Mini microcentrifuge for 4 x 8-strips*
- *With vortex: Multispin MSC-6000 for 4 x 8-strips*
- *With vortex: CVP-2 for 12 x 8-strips and plates*



- DNA Extraction Kits**

- *foodproof StarPrep Two Kit (KIT230177) or*
- *foodproof StarPrep Two 8-Strip Kit (KIT230186) or*
- *foodproof Magnetic Preparation Kit II (Kit230181)*



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2.2 Precautions and Preparations

The kit provides all reagents required for the PCR. However, in order to achieve reliable results, the entire assay procedure must be performed under nuclease-free conditions. Follow the instructions below to avoid nucleases, carry-over or cross-contamination:

- Keep the kit components separate from other reagents in the laboratory.
- Use nuclease-free labware (e.g., pipettes, pipette tips, reaction vials).
- Wear gloves when performing the assay.
- To avoid cross-contamination of samples and reagents, use fresh aerosol barrier pipette tips.
- To avoid carry-over contamination, transfer the required solutions for one experiment into a fresh tube, rather than directly pipetting from stock solutions.
- Physically separate the workplaces for DNA preparation, PCR setup and PCR to minimize the risk of carry-over contamination. Use a PCR hood for all pipetting steps.
- Sample Material:** Use any sample material suitable for PCR in terms of purity, concentration and absence of inhibitors.
- DNA Extraction:** We provide sample preparation kits suitable for all kind of food and other samples.
- Positive Control:** Always run a positive control with the samples. Use the provided control DNA (Control Template) or a positive sample preparation control.
- Negative Control:** Always run a negative control with the samples. To prepare a negative control, replace the template DNA with PCR-grade water. Include a negative control during sample preparation to monitor reaction purity and cross-contamination. This extraction control can be used as an additional negative control reaction.
- Confirmation:** If required, positive results may be confirmed by appropriate methods (e.g., reference method).
- Waste Disposal:** All contaminated and potentially infectious material, like enrichment cultures or food samples, should be autoclaved before disposal and eliminated according to local rules and regulations. For more information, e.g., proper disposal of unused chemicals, please refer to the appropriate safety data sheet (SDS).



Keep the PCR mix away from light and moisture.

For more information, please refer to the appropriate safety data sheet (SDS). The SDS is available online at www.hygiena.com/sds.

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2.3 Enrichment and DNA Extraction

The foodproof *Listeria monocytogenes* Detection LyoKit is intended for the rapid detection of *Listeria monocytogenes* isolated by foodproof DNA extraction methods from enrichment cultures of all relevant kind of foods and primary production stage (PPS) samples that are potentially contaminated with *Listeria monocytogenes*. For DNA extraction, please use the kits mentioned in 2.1 Required Material.

2.3.1 Certified Methods

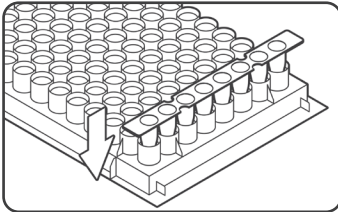
The performance of the foodproof *Listeria monocytogenes* Detection LyoKit in combination with several foodproof DNA extraction procedures, including the foodproof StarPrep Two Kit (Procedure A and B) and the foodproof StarPrep Two 8-Strip Kit (Procedure A), has been approved in an AOAC RI *Performance Tested Methods*SM program (License no. 070401) and in a NordVal International method extension (Certificate no. 025). For the AOAC-RI *PTM* validation study, the following food categories were tested: raw meat, processed meat, seafood, milk and dairy, and fruits/juices. The following categories were tested for the NordVal International validation study: composite foods/ready-to-eat and ready-to-reheat, meat products, milk and dairy products, vegetables, seafood and fishery products, and environmental samples. For further information about the tested matrices, enrichment protocols and the DNA extraction procedures please refer to ANNEX 1 and ANNEX 2 at the end of the manual.

INSTRUCTIONS

2.4 Procedure

This protocol describes how to perform the analysis of DNA extracts by real-time PCR.

2.4.1 Workflow

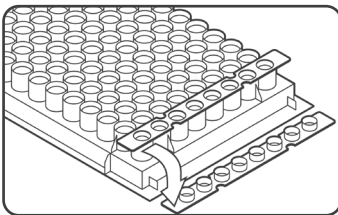


1. PLACE STRIPS IN RACK

Take needed number of PCR tube strips out of aluminum bag.

Important: close bag tightly afterwards. Place strips in a suitable PCR tube rack.

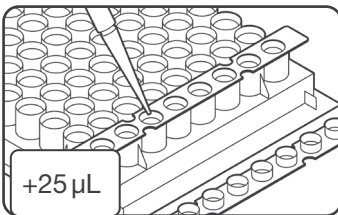
If needed, gently tap the tubes to move the lyophilized pellets to the bottom of all tubes.



2. DECAP

Open strips carefully direct before filling and discard caps.

Important: do not leave open longer than necessary.

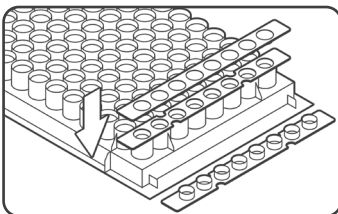


3. ADD SAMPLES AND CONTROLS

Pipette 25 µL of samples, negative control (colorless cap) or Control Template (purple cap) into respective wells.

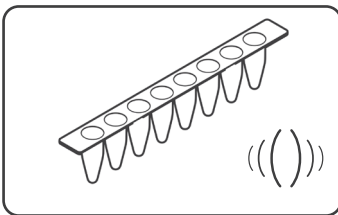
If using less volume, add PCR-grade H₂O to reach 25 µL.

To reduce the risk of cross-contamination, prepare only one strip at a time.



4. SEAL

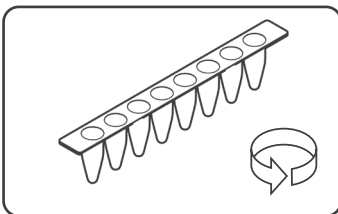
Seal the tubes with the provided 8-cap strips tightly.



5. MIX

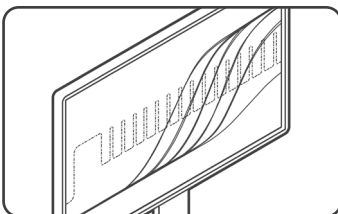
Resuspend pellet after sealing by mixing thoroughly.

Alternatively, resuspend pellet by pipetting up and down multiple times in step 3.



6. CENTRIFUGE

Briefly spin strips, e.g., 5 sec at 500 - 1,000 x g, in a suitable centrifuge.



7. START REAL-TIME PCR RUN

Cycle samples as described in the program setup (2.4.2).

Place tubes in a vertical, balanced order into the cycler, e.g., two strips can be placed in the first and last column.

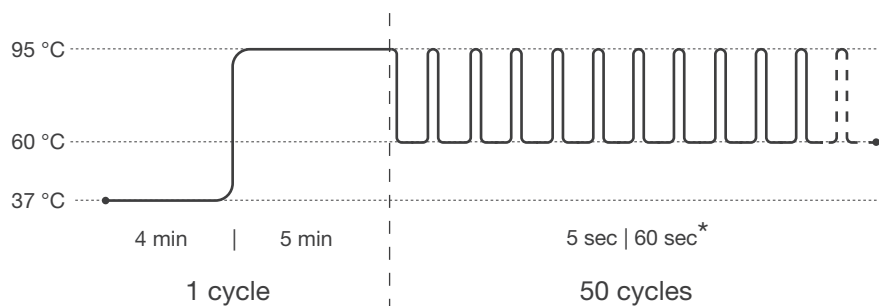
INSTRUCTIONS

2.4.2 Program Setup

Program your real-time PCR instrument before setting up the PCR reactions. Select the following channels:

- FAM (*L. monocytogenes*), and VIC (Internal Control).

As an alternative to VIC, HEX can be used. For the PikoReal® 24, Yakima Yellow has to be selected.



Pre-incubation: 1 cycle

Step 1: 37 °C for 4 min

Step 2: 95 °C for 5 min

Amplification: 50 cycles

Step 1: 95 °C for 5* sec

Step 2***: 60 °C for 60 sec

*Use 15 sec for the LightCycler 96

**Fluorescence detection

For some real-time PCR instruments the probe quencher as well as the usage of a passive reference dye has to be specified. This kit contains probes with a non-fluorescent (“dark”) quencher and no passive reference dye.

For users of the Agilent Mx3005P instrument: Click “Instrument” and “Filter Set Gain Settings” to open the Filter Set Gain Settings dialog box in which the gain settings may be viewed and modified. For FAM the Filter Set Gain Setting has to be modified to “x1”.

2.4.3 Data Interpretation

Verify results of positive (Control Template) and negative control (H₂O) before interpreting sample results. Always compare samples to positive and negative controls. Review data from each channel and interpret results as described in the table.

FAM	VIC	Result Interpretation
+	+ or -	Positive for <i>L. monocytogenes</i>
-	+	Negative for <i>L. monocytogenes</i>
-	-	Invalid

INSTRUCTIONS

2.5 Troubleshooting

Problem	Possible Cause	Recommendation
Squashed or crooked tubes, or open / dislodged tube lids after run, or the cycler does not open or close properly.	Wrong tube format.	Choose the correct tube format for your cycler. Tube profile and instrument compatibility chart is available online. If necessary, the samples can be transferred to appropriate PCR vessels after resuspension of the lyophilized PCR mix.
	Wrong placement of tubes.	Place tubes into the cycler in a vertical and balanced order, as described in the instructions for the PCR instrument.
No signal increase is observed, even with positive controls.	Incorrect detection channel has been chosen.	Set channel settings for respective dyes accordingly.
	Pipetting errors.	Check for correct reaction setup and repeat the PCR run. Always run a positive control along with your samples.
	No data acquisition programmed.	Check the cycle programs.
A sample shows no signals, including the internal control. Positive and negative control have proper signals.	Inhibitory effects of the sample material (e.g., caused by insufficient purification).	Use the recommended DNA extraction kit. Dilute samples or pipette a lower amount of sample DNA (e.g., 20 µL PCR-grade water and 5 µL sample instead of 25 µL sample).
Negative control samples are positive.	Carry-over contamination.	Exchange all critical solutions and reagents for DNA/RNA extraction. Repeat the complete experiment with fresh batches of all reagents. Always handle samples, kit components and consumables in accordance with commonly accepted practices to prevent carry-over contamination. Add positive controls after sample and negative control reaction vessels have been sealed.
Fluorescence intensity is too low.	Inappropriate storage of kit components.	Store lyophilized PCR mix at 2 to 8 °C, protected from light and moisture.
	Low initial amount of target DNA.	If possible, increase the amount of sample DNA. Depending on the chosen DNA isolation method, inhibitory effects may occur.

Troubleshooting continues on the next page

INSTRUCTIONS

Problem	Possible Cause	Recommendation
Strong decrease of fluorescence baseline.	Resuspension of lyophilized PCR mix not complete.	Always resuspend lyophilized PCR mix thoroughly. Use the recommended vortex centrifuge with the correct settings.
Fluorescence intensity varies or changes abruptly during the run.	Insufficient centrifugation of the PCR strips, e.g., resuspended PCR mix is still in the upper part of the vessel or bubbles trapped in the mix.	Always centrifuge PCR strips. Use the centrifuge models and settings recommended in this manual. Avoid the introduction of air bubbles during pipetting.
	Outer surface of the vessel or the seal is dirty (e.g., by direct skin contact).	Always wear gloves when handling the vessels and seal. Do not mark vessels on the outside of the tubes or directly on top of the reaction mix.
Pellets are difficult to dissolve.	The lyophilized PCR mix started to rehydrate.	Store the lyophilized PCR mix always in the aluminum bag with the silica gel pads. Make sure that the lids are tightly closed. Remove strips from the aluminum bag only shortly before PCR setup. Open strip shortly before filling.

2.6 Support

If you have questions or experience any problems with our products, please contact us:



www.hygiena.com/support

Our aim is to provide you with a solution as quickly and effectively as possible. We would also like you to contact us if you have any suggestions for improving the product or in case you would like to use our product for a different application. We highly value your feedback.

ADDITIONAL INFORMATION

3. ADDITIONAL INFORMATION

3.1 Testing Principle

The foodproof kit provides all necessary reagents and a control template for reliable interpretations of results. To ensure maximum reliability of the kit and to prevent misinterpretation of negative results due to inhibition of the amplification, an Internal Control (IC) is included. A hydrolysis probe was designed to bind specifically the IC, allowing detection in the respective channel, whereas the target DNA is detected in another channel. In case of a negative result due to inhibition of the amplification by the sample DNA of interest, the amplification of the IC is suppressed as well, whereas a negative result for the sample DNA of interest and amplification of the IC clearly indicates the absence of parameter in the sample. The real-time PCR kit minimizes contamination risk and contains all reagents (except for template DNA) needed for the detection of target DNA. Primers and probes provide specific detection of target DNA in food and environmental samples, including primary production stage samples. The described performance of the kit is guaranteed for use only on the real-time PCR instruments listed in 1.2 Applicability. For other instruments, please contact us.

Step-by-Step Procedure

1. Using the kit's sequence-specific primers in a polymerase chain reaction (PCR), the PCR instrument and the supplied reagents amplify fragments of specific sequences for target DNA.
2. The PCR instrument detects these amplified fragments in real time through fluorescence generated by cleavage of the hybridized probe due to the 5' nuclease activity of the Taq DNA polymerase. The probe is labeled at the 5' end with a reporter fluorophore and at the 3' end with a quencher.
3. During the annealing/elongation phase of each PCR cycle, the probe hybridizes to an internal sequence of the amplicon and is cleaved by the 5' nuclease activity of the Taq DNA polymerase. This cleavage of the probe separates the reporter dye from the quencher dye, increasing the reporter dye signal.
4. The PCR instrument measures the emitted fluorescence of the reporter dye.

Prevention of Carry-Over Contamination

The heat-labile Uracil-DNA N-Glycosylase (UNG) is suitable for preventing carry-over contamination between PCRs. This technique relies on the incorporation of deoxyuridine triphosphate (dUTP) during all amplification reactions, and the pretreatment of all successive PCR mixtures with the heat-labile UNG. The UNG cleaves DNA at any site where a deoxyuridine residue has been incorporated. The resulting abasic sites are hydrolyzed due to the high temperatures during the initial denaturation step, and can no longer serve as PCR templates. The heat-labile UNG is inactivated during the initial denaturation step. Native DNA (e.g., the isolated target genomic DNA) does not contain uracil and is therefore not degraded by this procedure. Since dTTP is replaced with dUTP and UNG is included in this kit, decontamination can be achieved with the provided reagents.

ADDITIONAL INFORMATION

3.2 Trademarks

foodproof®, microproof®, vetproof®, ShortPrep®, StarPrep®, RoboPrep® and LyoKit® are trademarks of Hygiena Diagnostics GmbH.

Hygiena® is a registered trademark of Hygiena.

Other brand or product names are trademarks of their respective holders.

3.3 Reference Number

The reference number and original Hygiena Diagnostics GmbH article numbers:

R 602 23 -1 (KIT230092), R 602 23 -2 (KIT230093), and R 602 23 -3 (KIT230094).

3.4 Change Index

Version 1, September 2014:

First version of the package insert.

Version 2, March 2017:

License Notice changed. Introduction of vortex centrifuges into the PCR Setup Procedure.

Version 3, December 2019:

Introduction of the following: ANNEX 1: AOAC-RI #070401 Extension Table and additional information in the Applicability Statement; R 602 23-3, new tube format for other real-time PCR instruments; AOAC-RI logo.

Version 4, February 2022:

Rebranding, new document layout and content, new order number. Introduction of the following: NordVal International logo; ANNEX 2: NordVal #025 Extension Table and additional information in the Applicability Statement.

Revision A, September 2023:

Additional rebranding, layout, images and tracking.

R 602 23 20 -> INS-KIT230092-93-94-REVA

ANNEX

ANNEX 1

AOAC-RI #070401 Extension Table for the foodproof *Listeria monocytogenes* Detection LyoKit

The following table shows the recommended enrichment time for different food matrices with enrichment in Half Fraser broth in combination with different foodproof DNA extraction procedures that have been validated for the AOAC RI *PTM* extension of the foodproof *Listeria monocytogenes* Detection LyoKit.

For further information regarding the DNA extraction procedures below, please refer to the appropriate Hygiena Diagnostics GmbH package inserts on www.hygiena.com.

DNA Extraction	Enrichment time in Half Fraser broth at 30 °C	Enrichment time per matrix
foodproof ShortPrep II Kit	24 h – 48 h	minced meat 48 h melon 24 h raw fish 48 h sausage 48 h Harzer cheese 48 h
foodproof StarPrep Two Kit Extraction Procedure A STANDARD	24 h	minced meat 24 h melon 24 h raw fish 24 h sausage 24 h Harzer cheese 24 h
foodproof StarPrep Two Kit Extraction Procedure B RAPID	24 h – 48 h	minced meat 48 h melon 24 h raw fish 48 h sausage 48 h Harzer cheese 48 h
foodproof StarPrep Two 8-Strip Kit	48 h	minced meat 48 h melon 48 h raw fish 48 h sausage 48 h Harzer cheese 48 h
foodproof Magnetic Preparation Kit II	24 h – 48 h	minced meat 48h melon 24 h raw fish 24 h sausage 48 h Harzer cheese 48 h

Tested food categories: Raw meats, processed meats, seafood, milk and dairy, fruit/ juices

Sample size: 25 g / 225 mL broth

Reference method: ISO 11290:1996/Amd 1:2004

ANNEX

ANNEX 2

NordVal #025 Extension Table for the foodproof *Listeria monocytogenes* Detection LyoKit

The following table shows the recommended enrichment time for the tested food categories and environmental samples in Actero Listeria Enrichment Media (ALEM) and Half Fraser broth in combination with different foodproof DNA extraction procedures that have been validated for the NordVal International method extension of the foodproof *Listeria monocytogenes* Detection LyoKit (Certificate No. 025).

For further information regarding the DNA extraction procedures below, please refer to the appropriate Hygiena Diagnostics GmbH package inserts on: www.hygiena.com.

DNA Extraction	Enrichment time in ALEM at 36 °C	Enrichment time in Half Fraser broth at 30 °C	DNA extract for PCR
foodproof StarPrep Two Kit Extraction Procedure A STANDARD	22 ± 2 h	25 ± 1 h	5 µL + 20 µL PCR-grade water
foodproof StarPrep Two Kit Extraction Procedure B RAPID	---	48 ± 2 h	5 µL + 20 µL PCR-grade water
foodproof StarPrep Two 8-Strip Kit Extraction Procedure A STANDARD	22 ± 2 h	25 ± 1 h	5 µL + 20 µL PCR-grade water

Tested categories:

- Composite foods/ready-to-eat and ready-to-reheat
- Meat products
- Milk and dairy products
- Vegetables
- Seafood and fishery products
- Environmental samples

Sample size:

- 25 g + 150 mL Actero Listeria Enrichment Media or 225 mL Half Fraser broth
- 1 swab + 10 mL Actero Listeria Enrichment Media or 10 mL Half Fraser broth
- 1 sponge + 100 mL Actero Listeria Enrichment Media or 100 mL Half Fraser broth
- 1 wipe + 225 mL Actero Listeria Enrichment Media or 225 mL Half Fraser broth
- For sampling after cleaning process, premoisten:
 - 1 swab + 1 mL broth universal neutralizing (+ 9 mL ALEM or Half Fraser)
 - 1 sponge + 10 mL broth universal neutralizing (+ 90 mL ALEM or Half Fraser)
 - 1 wipe + BPW + 10 % neutralizing agent (+ 225 mL ALEM or Half Fraser)

Reference method: ISO 11290-1/A1 (May 2017)

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